

Ladder stitch

This is a stitch that is used in just about every pattern! So practice does make perfect with it. Once a part is sewn and stuffed, it should be ready for closing.



1

Fold the ends under.



2

Take your needle and go underneath the flap of fabric, poking the needle out just past the end of the machine stitches. This will be the starting point.



3

Flip the project once the thread is anchored so the thread is coming out the bottom flap. Pick up a piece of the top flap no longer than 1/8" long and pull thread through.



4

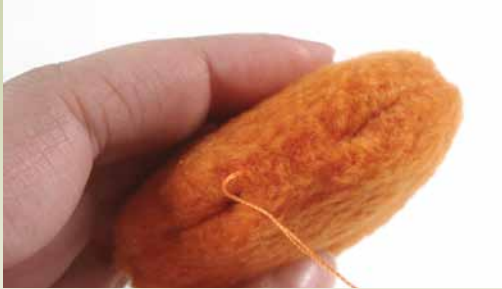
Make another stitch on the lower flap 1/8" long.



5

Repeat that action, going between the upper and lower flaps. As you can see, it looks like rungs of a ladder.

Ladder stitch



6

Once you have sewn around 5 or 6 stitches, gently pull the thread, which will make the stitches pull tight. Thus, hiding them underneath. Continue to sew the small top to bottom stitches every once in a while pulling the thread to close.



9

To help get the stuffing to fluff out to the edge you just closed, press the plush with your fingers and squish it.



7

Once you reach the end make a small knot against the seamline. After tying off the end, push the needle in along the seam and out through to another area of the plush. This will hide the thread end inside.



10

That's it! This is a neat, and nice way to close the openings in your plush dolls.

The next page has 3 different patterns for simply shapes to sew together and practice this closing stitch with.



8

Next, trim the thread close to the fabric. The thread will then be hidden safely inside your project.

Ladder stitch

Cut out 2 each of these shapes out of any fabric of your choosing. Sew together but leave about a 1" hole to turn the item inside out. After it is sewn, turned inside out, and stuffed it will be ready for you to practice the ladder stitch.

